

Limerick Classic Tour

Sunday July 22nd 2007

www.limerickcc.com



Venue: **Mungret GAA Club House.**

100 Mile Classic Tour (Green route on map) Some small climbs and 2 major climbs.

60 Mile option : (Red route on map) with some small climbs and will be of moderate pace to suit all.

Both tours leave Mungret together and split at the Midway stop (30 miles) –See Map

The route is a classic cycle route through out the heart of scenic North/ West Limerick. The Ashford climb is as good as you will get in the Wicklow 200(Bring your granny gear you may need it). There is an opt out on this. Bikes in good condition with new tires, tubes and good working brakes are obligatory. Changing rooms and showering facilities will be made available and refreshments will be provided during and after the cycle.

Under 18's to be accompanied by an adult

Sign on from 8:00 am, cycle starts at 9:00 am sharp. The sign on fee is 10 Euro CI members

20 Euro non-CI members

Under 18's to be accompanied by an adult

Cycle helmets must be worn!

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