

Western Lakes Cycling Club

Tour of the Great Western Lakes '05!

Some of the best cycling you will do in Ireland this summer



- Saturday, July 9th -

Choice of two spins - Unrivalled scenery – Suitable for cyclists of all levels – not to be missed!

Mini-Tour of the Great Western Lakes

Departing Ballinrobe, Co. Mayo, at 9am
Lough Mask & Loughnafoeey – 70km

Tour of the Great Western Lakes

Departing Ballinrobe, Co. Mayo, at 9am
Lough Mask, Lough Nafoeey, Killary Fjord, Lough Carra – 140km

Entry Fee:

€10 for members of Cycling Ireland

Non-members of Cycling Ireland must pay €10 extra for One-Day Cycling Ireland Licence

Covers: Spin, back-up, refreshments on route, Certificates denoting completion & your time, Dressingroom and Shower facilities before & after in Ballinrobe

Spins start: Kilmaine, Ballinrobe, Co. Mayo.

Sign-on: – 8am onwards.

For more info, including travel directions, local accommodation, etc, contact:

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